

DISCover yourself. Part 7- **P**_____ **C**_____. **Isaiah 45:9**

1. S____ **WELL OF YOUR B**____. Proverbs 6:2, Matthew 22:39, Romans 12:2, Isaiah 54:17

**I am t_____ what I _____ about myself yesterday. And I will be t_____ what I _____ about myself today.*

**No one can make you feel i_____ w/o your p_____.*

2. V____ **YOUR B**____. I Corinthians 6:19, Ephesians 2:10, Mark 5:20-30

3. BE C_____ **IN YOUR B**_____. Psalms 139:14, Proverbs 23:7, Exodus 4:1-11

**R_____ =enemy's #1 trick to steal our confidence.*

1. fale bem do seu corpo. 2. Valorize o seu corpo. 3. Esteja confiante em seu corpo.